



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p>SHARE A STORY</p> <p>Read "Where the Wild Things Are"</p> <p>Use pencils, textas, crayons to create your own monsters</p> <p>https://www.youtube.com/watch?v=ALmNPxNehYE</p> | <p>SING IT!</p> <p>Songs with finger actions.</p> <p>https://www.youtube.com/watch?v=gOknHxEUjBw</p> | <p>TRANSITION TO SCHOOL</p> <p>Play with numbers. Find something around the house to count - teddy bears, chairs, cups, books, flowers etc.</p> | <p>SING AND RHYME TOGETHER</p> <p>Watch Baby Karaoke and join in singing and rhyming with your favourite songs and rhymes.</p> <p>http://raisingchildren.net.au/guides/baby-karaoke</p> | <p>MUNCH AND MOVE</p> <p>Make a magic bag, fill it with different fruit and vegetables. Have your child reach into the bag to feel the fruit and guess what it is.</p> |

BREAK TIME

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| <p>TRANSITION TO SCHOOL</p> <p>Make lunch together. Make it a game, giving your child clues. Can you find something that is red and starts with the letter B?</p> | <p>NATURE HUNT</p> <p>Engage in a nature scavenger hunt</p> <p>https://www.stayathomemum.com.au/printables/nature-scavenger-hunt-free-printable/</p> | <p>MAKE SLIME</p> <p>Put lux flakes in a large bowl of warm water and use a whisk to mix</p> <p>Or</p> <p>Use 2 cups of cornflour and 1 ½ cups water. Mix together until ingredients are well blended. You could even add food colouring.</p> | <p>GOING ON A BEAR HUNT</p> <p>Hide teddy bears around the house or in the garden. Sing along to the song and do the actions with your child as you search for the bears. As an extension for a transition to school activity, you could draw a map and help them find the bears. Your child can then draw you a map for you to find the bears!</p> | <p>PAPER AIRPLANES</p> <p>Make and decorate paper airplanes</p> <p>See how far your plane flies. Can you use a tape measure or step in out to see how far it goes?</p> <p>https://youtu.be/7KPaxKUDj6I</p> |

LUNCH TIME (INCLUDING SLEEP/REST TIME)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| KID'S ZUMBA https://www.youtube.com/watch?v=FP0wgVhUC9w | DRESS UP FUN Use items from around your home to dress like a creature, monster or your favourite book character | GUIDED MEDITATION https://annakaharris.com/mindfulness-for-children/ | PAINT PENRITH READ Rooby loves the colour red. What can you find around your house that is red? Make a list of all the red things you can find. Can you make a list? | DUPLO NUMBER SING ALONG https://youtu.be/_nRhy475o8 |

SNACK TIME

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| COLOUR MATCH Go on a colour hunt around your house and in the backyard. Try to find two items of every colour in the rainbow. You can even sing the rainbow song as you search. | RHYTHM AND BEAT Dance along to your favourite songs. Can you clap along to the beat? | IT'S RACE TIME! Time to go outside! How many different kinds of races can you think of? Can you go backwards, hop on one leg, go fast and slow, jump or crawl? | SHARE A STORY Read a book together. Explore the words in the book. Can you find any rhyming words? Look up any word your child doesn't know the meaning of. | GO ON A BUG HUNT Go exploring outside to find some bugs. Draw and research all the bugs you find. |