



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAKE SLIME 1 teaspoon borax 1.5 cups of water 1.4 oz bottle of white glue 8 drops food colouring	COLOUR WALK Go on a colour walk around your neighbourhood and see how many colours you see	NATURE BRACELET Collect some nature items and make a bracelet out of flowers and grass, dried leaves and twigs	ROCK PAINTING EXPERIENCE Collect a few different shaped rocks in your garden and paint using lots of colours	CLOUD GAZING Lie down on the grass and look up to the sky. What shapes can you see?

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TREASURE HUNT Go on a walk and collect some materials you can bring home and get creative with paper and glue	INDOOR PICNIC Grab a rug and some friends, make some sandwiches for a picnic	LETTER DROP Write a letter with paper and a pen and post it to your best friend	HOPSCOTCH Attach masking tape to the indoor floor and create a hopscotch in your lounge room	FLYING AEROPLANES Grab some paper and fold to make paper planes to fly indoors and outdoors

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LIST THAT ANIMAL Take a walk around your neighbourhood and make a list of animals you can see	GET CREATIVE Gather together some mixed media items and make a self-portrait.	MUNCH AND MOVE Make a magic bag, fill it with different fruits and see if you can guess by feeling	GROSS MOTOR Make a home obstacle course to see how agile you are, moving over chairs and under tables.	CLOUD DOUGH Add ½ bottle children's conditioner, add cornflour and food colouring of your choice

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GROCERY SHOP Help make a grocery list and see what items you can find to mark off the list.	COOKING EXPERIENCE Make some scones using flour, milk and butter, mix and cook	NAP OUTSIDE Take your pillows and blanket and lie down on the grass for a nap in the warm sunshine	FINE MOTOR Make a collage cutting out pictures from magazines.	BIRD WATCH Look for birds in your backyard. Can you describe them –colour and size