



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRANSITION TO SCHOOL Collect some sand, flour or dirt and place on a plate or tray. Using a stick, can you draw the letters in your name?	STEAM – MATHS Get out your measuring cups and make play dough.	LITERACY Make a book – recount an adventure, draw the pictures and ask an adult to write the words.	MUNCH N MOVE Go for a ride on your bike or scooter. Don't forget your helmet!	TRANSITION TO SCHOOL Roll the dice. Play Snakes and Ladders.

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STEAM – TECHNOLOGY Use a camera/iPad/phone and take photos of your favourite things. Discuss why they are important to you.	TRANSITION TO SCHOOL Pack a healthy lunch box for today. Include a sandwich, fruit, a packet item and water for a drink. Practise opening the packets independently.	MUNCH N MOVE Cosmic Kids Yoga Adventure on YouTube.	LITERACY Sing and watch Ants in the Apple on YouTube.	STEAM – SCIENCE Slime time! Get messy and experiment.

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MUNCH N MOVE COOKING Make pikelets for lunch, add fruit and your favourite topping.	MUNCH N MOVE Go for a walk around your neighbourhood, head to the park and collect some nature items (you'll need them this afternoon)	TRANSITION TO SCHOOL Find some loose parts around the house. Use them for counting and sorting.	STEAM – ENGINEERING Collect some boxes and bottles from the recycling, use them to create something new!	LITERACY Listen to and watch The Very Hungry Caterpillar, by Eric Carle, on YouTube.

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITERACY Read your favourite book.	STEAM – ART Create a collage using the nature items you collected earlier.	STEAM – SCIENCE Create a Volcanic Eruption!	TRANSITION TO SCHOOL Play a Memory Game	MUNCH N MOVE Have a dance party in your lounge room.