



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRANSITION TO SCHOOL Draw shapes and cut around them. For a bigger challenge, cut out healthy foods from a magazine.	TELL SOME JOKES! Practice telling some funny jokes to your family! See how it is done here- https://www.funbrain.com/videos/highlights-every-day/weather-jokes	A DICE GAME Use commonly found items such as pegs, pasta shells or buttons and play a number game with dice. Collect the amount that is rolled on the dice.	SONG AND RHYMES Make some song cards and place them face down on the ground then choose a song at random to sing! http://thebigtodolist.com/early-learning-toddlers-kids-songs-cards/	TRANSITION TO SCHOOL Practice writing your name, using upper and lower case letters. Discuss when you use a capital or upper-case letter.

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BIRD WATCHING Can you find some birds in your garden? Draw what you see. https://www.birdlife.org.au/all-about-birds/australias-birds/find-a-bird	TRANSITION TO SCHOOL Read a favourite story, talk about the author and illustrator. How many pages are in the book?	SOAP SLIME Place Lux soap flakes in a large bowl of warm water. Use a whisk to mix it together.	FABRIC AND WOOL COLLAGE Use scraps of fabric or wool and glue to make a collage. Glue onto paper or a cereal box and make a crazy hand puppet.	THERE'S A SEA IN MY BEDROOM Listen to the story together. Draw a picture of your favourite beach activity. https://www.youtube.com/watch?v=WUrqjX_y2gc

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WHAT'S THE TIME MR WOLF? Play this favourite game indoors or outdoors. Change the game up by making it silent and giving a number using your fingers.	TEXTURE RUBBING WITH CRAYONS Go outdoors look up at the trees, find some leaves and see what is bumpy, smooth or has lines.	TRANSITION TO SCHOOL Use a dice, roll and identify the numbers without touching or counting on fingers (subitising).	MUSIC AND MOVEMENT Move to different sounds using this game. https://www.youtube.com/watch?v=9kgr2Lk-W6Tw&list=PLeMG2E1N-4QF2PhnAqW3wLzN-q5ogrwezTp	LAND OF THE UNICORNS GUIDED MEDITATION Try this guided meditation and relax. Afterwards draw a picture of what you imagined. https://www.youtube.com/watch?v=g69cyia-aKl

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WATCH A PERFORMANCE Watch the play. Make your own hat and decorate it. https://www.youtube.com/watch?v=NBjMp1c3X-IQ&t=8s	MAKE AND FLY A KITE Read the Story Stuck and make your own kite to fly or take a scarf or piece of fabric outside and see how it moves in the wind. https://www.youtube.com/watch?v=ZbjgDn0rqFg	KAI WED Play a game from Yalunga Games (page 49) https://www.sportaus.gov.au/_data/assets/pdf_file/0006/705462/Yulunga_Games.pdf	TRANSITION TO SCHOOL Learn the days of the week, sing the song Days of the Week. https://youtu.be/HtQcnZ-2JWsY	MAKE SOUP FOR DINNER Make Soup for Dinner with an adult. Choose vegetables and measure the ingredients needed. http://spatulatta.com/lunch/harvest-soup/